

St Alban's Lent - Out in the City

Join a group near you and journey towards Easter

Read the Bible. Engage in discussion. Reflect together. Pray. Enjoy a cuppa!

(Personal copies of the study book "The Things he Carried" by Stephen Cottrell available for 65DKK)

Start week beginning 11 March and finish in week beginning 8 April

Meet 5 weeks "The Things Jesus Carried" study 8 things

A cross A crown of thorns A seamless robe His followers' disappointments
The sins of the world The hopes of God Our sorrows A broken heart

A Prayer for this Season

*"Take us to the cross and enable us to see the great weight Jesus carried;
for here we receive the affirmation of your love, the assurance of your promise,
and the strength to persevere. We ask it in His name. Amen."*

Choose when and where you want to meet.

Telephone the contact person listed to let them know you will attend

Stay the course!



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	FREDERIKSBERG Time tbc James Martin T: 29 60 56 36		VAEDBAEK 10 - 11.30 Val Kristiansen T: 45 89 3290		HOLTE 10.30 - 12.00 Alice Thomas T: 21 84 12 13
			ST ALBAN'S 11.30 - 13.00 T: 22 32 53 37		
Afternoon		HELLERUP 19.00 - 20.30 Smitha Prasadam T: 22 32 53 37	FREDERIKSBERG 1600 - 17.30 Carol Jorgensen & Owen Prewett T: 33 25 49 40	HELLERUP 14.00 - 15.30 Smitha Prasadam & Helle Lindewald T: 39 62 95 62	
Evening	AMAGER 19.00 - 20.30 Bodil Gudridur T: 23 36 73 62		HASLEV 19.30 - 21.00 Anton Kongshoj Munch T: 25 48 84 73	ST ALBAN'S 18.00 - 19.30 Graeme Lloyd Roberts T: 50 84 55 19	
				KOBENHAVN S 1900 - 20.30 Anna Christine Christensen T: 30 20 34 67	

Groups also in Aarhus & Vejle Further enquiries to Revd Smitha Prasadam: chaplain@st-albans.dk